

# BEYOND THE BUMP BULLETIN



THIS MONTH'S NEWS AND INFORMATION: APRIL 2024 VOL IIX

## THE STATE OF FEEDING 2024

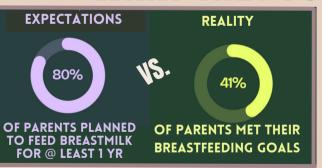
PRESENTED BY

willow bobbie SimpliFed

## THEIR GOAL

RESHAPING NORMS & EQUIPPING PARENTS WITH THE ESSENTIAL RESOURCES FOR THE ROAD AHEAD

## THEY FOUND



OF THE WOMEN IN THE SURVEY WHO MET THEIR BREASTFEEDING GOAL.

**INCORPORATED COMBO FEEDING INTO** THEIR FEEDING **JOURNEY** 

**FEEDING GUIDE** 

CLICK HERE

**WEATHER TOYS** 

SEE THEM ALL



## **CONTRARY TO EXPECTATIONS:**

87% OF MOMS END UP PUMPING

74% USE FORMULA

87% USE A VARIATION OF BREASTFEEDING, PUMPING & FORMULA

# SUPPOR'



NEWBORN BABIES WEDNESDAY

**EVERY WEEK** 

**BABIES** 3-6 MOS

> FRIDAY **EVERY WEEK**

BABIES 6-10 MOS

TUESDAY EVERY OTHER WEEK

**BABIES** 10-18 MOS

WEDNESDAY EVERY OTHER WEEK

**TODDLERS & PRESCHOOLERS** 

FRIDAY NOON EVERY OTHER WEEK

**MOMS** OF TWO

T U E S D A Y **EVERY OTHER WEEK** 

# ARE YOU STRUGGLING WITH TEACHI BODY SAFETY TO YOUR CHILD?

TWO FANTASTIC RESOURCES TO CHECK OUT:

THE BODY SAFETY TOOLKIT FROM NURTURED FIRST

FROM CONSENT PARENTING

This toolkit helps your child:

- Learn the correct names for body parts
- Understand public & private spaces & body parts
- Say "NO" when needed
- Identify their team of safe people
- Understand the difference between secrets & surprises

### You'll learn how to:

- Teach your child about safe vs. unsafe touch
- The right language to use
- Complete private part safety
- Anatomical terms & bodily functions
- Potty time, bath time & other times for teaching body safety!

POTTY TRAINING BEHAVIORAL ISSUES MEAL TIME

SCHEDULE A PRIVATE SESSION

PRE-SCHOOL APPLICATION PROCESS

CLICK HERE







